

Strike & Field

	<u>Strike & Field</u>	
Y1	I can show some different ways of hitting, throwing and striking a ball	Striking: hit, run Fielding: throw
	I can hit a larger ball or bean bag and move quickly to score a	Equipment: bat, ball
	range of points (further distance scores more points)	
	I can hit a stationary ball	
	I can begin to make an underarm throw towards someone	
	I can play as a fielder and get the ball back to a STOP ZONE	
	I can begin to follow some simple rules (carrying the bat, not over taking someone)	
Y2	I can send a ball off a tee using a bat or a racket. I can play two types of games to score: running around a series of hula hoops or forwards and backwards between hula hoops.	Striking: Batting /batter, attacking, Shoot, score points Fielding: fielder, defending, Bowl Equipment: tee Hand-eye co-ordination
	I can stop moving when the 'bowler' has the ball	Teams
	I can play as a fielder and pass the ball back to the bowler to make the runner stop	
	I can make an underarm throw with more accuracy I can bowl underarm towards a partner	
	I can follow rules for a game (carry the bat, don't overtake, run around the outside of the hula hoops)	
Y3	I can bowl accurately using underarm technique in a game situation	<u>Striking:</u> drive, runs <u>Fielding:</u> wicket keeper, no ball,
	I can begin to use the overarm technique for bowling with support	caught out, Underarm throw (10m), overarm throw <u>Equipment:</u> wickets/stumps
	I can begin to throw using an overarm technique for more distance, developing this with a partner	
	I can throw and catch under pressure	
	I can use fielding skills to stop the ball effectively	
	I can communicate effectively with my pair, deciding when to run and when not to	
	I can bat with more accuracy, hitting the ball to a partner/ team mate	
	I can run between the wickets to score runs	
Y4	I can throw with more control using an overarm technique	<u>Striking:</u> Block/ slog, Four/ six, boundaries



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	I can field a ball using two-handed pick up and a short barrier.	<u>Fielding:</u> Short barrier, Two handed pick up, stumped
	I can bowl with increasing confidence using the overarm bowling technique.	
	I can play the role of bowler, batter, fielder and wicketkeeper in a game.	
	I can hit the ball with accuracy and control, using different shot techniques (block, drive, slog)	
	I can choose and use a range of simple tactics in isolation and in a game context	
	I can play in a tournament and work as team, using tactics in order to beat another team.	
Y5	I can collaborate as a team to choose, use and adapt rules in small-sided games	<u>Striking:</u> Batting Square, rounder, half rounder, overtake <u>Fielding:</u> Bowling Square, Long
	I can throw and catch with accuracy under pressure	barrier, backing up, backstop Pressure, one-handed pick up
	I can use a long and short barrier to stop the ball	Equipment: Base, posts
	I can hit the ball with a bat, using hand-eye co-ordination	
	I can begin to consider space when batting and where is best to aim for	
	I can use previously learnt fielding skills to stop the ball and return to any base	
	I can recognise when to use underarm (under 10m) and when to use overarm throws in a game context	
	I can begin to use a one-handed pick up when fielding	
	I can play in a tournament and work as team, using tactics in order to beat another team.	
Y6	I can apply skills to games using standard rounders pitch layout	Striking: Backwards hit, penalty half rounder (two no balls in a row) Fielding:
	I am using a rounders bat and rounders ball	<u>Equipment:</u> Rounders ball
	I can use a one-handed pick up when fielding more confidently	
	I can use a range of tactics for attacking and defending in role of bowler, batter and fielder, basing shot selection on fielders' position	



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	I can use previously learnt fielding skills to stop the ball and return to the most appropriate base under pressure		
	I can understand when to use long and short barriers when fielding in a game		
	I can apply consistently rounders rules in conditioned games		