







### Curriculum Overview

### Subject: PSHE

	Autumn	Autumn	Spring	Spring	Summer	Summer
<b>Nursery</b>	<b>What makes a good friend?</b>	<b>Can you sing your favourite nursery rhyme?</b>	<b>What colours can I see around me?</b>	<b>Which pet will I choose?</b>	<b>What is your favourite food?</b>	<b>Can you tell me a story?</b>
SCARF lesson overviews	<u>Me and my relationships</u> Marvellous me! I'm special	<u>Keeping myself safe</u> People who help to keep me safe (including Listening to my feelings) Safety Indoors and Outdoors What's safe to go into my body <b>Smartie the penguin (version 1 EYFS)</b> 	<u>Valuing difference</u> Me and my friends Friends and family Including everyone	<u>Rights and responsibilities</u> Looking after myself Looking after others Looking after my environment <b>Smartie the penguin (version 2 EYFS)</b> 	<u>Being my best</u> What does my body need? I can keep trying I can do it!	<u>Growing and changing</u>
Concrete knowledge	Know what I look like Know things I like doing	Know who can keep me safe Know how to stay safe at home and at school Know safe things that can go into my body <b>Know that I can speak to an adult/guardian about things that worry me online</b> 	Know that we are all different Know who my friends and family are	Know how to look after myself and others Know how to look after the world <b>Know that I shouldn't tell people online my name or where I live</b> 	Know what my body needs	



Skill progression	<b>I can name my body parts</b> <b>I can say what I like to do</b>	<b>I can keep myself safe</b> <b>I can ask for help</b>	<b>I can say who is in my family</b> <b>I can say who my friends are</b>	<b>I can say how I look after myself</b> <b>I can say how to keep the world clean and tidy</b>	<b>I can say how to look after myself</b>	
Vocabulary	<b>body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</b>					





Ambition - Community - Equality

### Curriculum Overview

#### Subject: PSHE





	Autumn	Autumn	Spring	Spring	Summer	Summer
Reception	What makes me great?	When do we celebrate?	Where do I live?	What job do I want to have?	How do things grow?	How do we get there?
SCARF lesson overviews	<p><u>Me and my relationships</u></p> <p>All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)</p>	<p><u>Valuing difference</u></p> <p>I'm special, you're special Same and different Same and different families Same and different homes Kind and caring (1) Kind and caring (2) <b>Digiduck's Big Decision</b></p> 	<p><u>Being my best</u></p> <p>Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep</p>	<p><u>Rights and responsibilities</u></p> <p>Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe</p>	<p><u>Keeping myself safe</u></p> <p>What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings (1) <b>Jessie and Friends videos – Episode 1</b></p>  <p>People who help to keep me safe</p>	<p><u>Growing and changing</u></p> <p>Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Getting bigger</p>



Concrete knowledge	<p><b>Know who can help me at home and school</b></p> <p><b>Know when I am happy and sad</b></p>	<p><b>Know what makes us the same and different</b></p> <p><b>Know what makes a good friend</b></p> <p><b>Know how to be a good friend online</b></p> 	<p><b>Know we need to eat different foods</b></p> <p><b>Know basic ways to stay healthy</b></p>	<p><b>Know the importance of friends and family</b></p> <p><b>Know how and why we need to look after the world</b></p> <p><b>Know money is important</b></p>	<p><b>Know how to keep my body safe</b></p> <p><b>Know how to keep safe indoors and outdoors</b></p> <p><b>Know people who can keep me safe</b></p> <p><b>Know what to do if something upsets me online</b></p> 	<p><b>Know the lifecycle of a human and an animal</b></p>
Skill progression	<p><b>I can say what makes me special</b></p> <p><b>I can name people who can help me</b></p> <p><b>I can explain things that make me happy and sad</b></p>	<p><b>I can explain how people, families and homes are different</b></p> <p><b>I can show kindness to others</b></p>	<p><b>I can choose healthy foods</b></p> <p><b>I can choose activities to keep me healthy</b></p>	<p><b>I can say why family and friends are special</b></p> <p><b>I can look after my surroundings</b></p>	<p><b>I can explain things that are safe to go into and onto my body</b></p> <p><b>I can keep myself safe</b></p>	<p><b>I can explain how an animal and human changes throughout their life</b></p>
Vocabulary	<p><b>healthy, happy, sad, same, different, safe, body, animal, human, private, body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</b></p>					



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	Autumn	Autumn	Spring	Spring	Summer	Summer
<b>Y1</b>	<b>Do all superheroes wear capes?</b>	<b>Where do big cats live?</b>	<b>How do we know London cities?</b>	<b>Birmingham and</b>	<b>What is a British woodland like?</b>	<b>How do the seasons change?</b>
SCARF lesson overviews	<u>Keeping myself safe</u> Healthy me Super sleep Who can help? (1) Harold loses Geoffrey What could Harold do? Good or bad touches?	<u>Being my best</u> I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	<u>Valuing difference</u> Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair!	<u>Me and my relationships</u> Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons How are you listening? <b>Smartie the Penguin (version 1 Yr1)</b> 	<u>Rights and responsibilities</u> Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid <b>Digi-duck's Famous Friend</b> 	<u>My friends and me</u> The same and different Boys and girls Understanding what a friend is The friendship recipe Keeping friendships <b>Jessie and Friends videos Episode 2</b> 
Concrete knowledge	Know what is needed for a healthy lifestyle Know how it feels to be unsafe and who can help  Know that medicines can make you better  Know which parts are private	Know that we need to eat 5 portions of fruit and vegetables a day  Know which foods are good and bad for us  Know how diseases can spread	Know what bullying is  Know what is fair/unfair and kind/unkind	Know why we have rules  Identify a range of feelings  <b>Know it's important to be kind online</b> 	Know who cares for the environment  Know where money comes from and how it is spent in the home  Know the importance of keeping money safe	Know that everyone has similarities and differences  Know that gender doesn't make a difference to what we can do or like  Know the characteristics of a good friend







	Understand good and bad touch	Know how a person's behaviour can affect others			Know how to call the emergency services  Know to keep my personal information safe 	Know how to resolve conflicts within friendships  Know that I should get permission before sharing photos/videos of others 
Skill progression	<p>I can lead a healthy lifestyle</p> <p>I can explain how to keep certain body parts private</p> <p>I can explain how medicines can help us</p>	<p>I can choose healthy foods</p> <p>I can suggest ways to stop disease spreading</p>	<p>I can explain unfair/fair and kind/unkind behaviour</p> <p>I can recognise bullying</p>	<p>I can explain my feelings</p> <p>I can identify school rules</p> <p>I can be a good friend</p>	<p>I can show responsibility for the environment</p> <p>I can explain where money comes from</p> <p>I can explain how and where to keep money safe</p> <p>I can explain how the emergency services keep us safe</p>	<p>I can explain how I am the same and different to others</p> <p>I can be a good friend</p> <p>I can resolve friendship conflicts</p>
Vocabulary	<p><b>healthy lifestyle, exercise, unsafe, feelings, medicine, private, good/ bad touch, hygiene, environment, emergency, money, bullying, disease, respect, conflict, rumours</b></p> <p>healthy, happy, sad, same, different, safe, body, animal, human, private, <i>body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</i></p>					



Ambition - Community - Equality

### Curriculum Overview

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	Autumn	Autumn	Spring	Spring	Summer	Summer
<b>Y2</b>	<b>Why should I go to Sheldon?</b>		<b>What is it like in Africa?</b>	<b>Why are there castles?</b>	<b>Why do we visit the seaside?</b>	
SCARF lesson overviews	<u>Me and My Relationships</u> Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy!	<u>Valuing difference</u> My special people When someone is feeling left out An act of kindness Solve the problem	<u>Being my Best</u> You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	<u>Keeping myself safe</u> Harold's picnic What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept <b>Smartie the Penguin (Version 1 Yr 2)</b> 	<u>Rights and responsibilities</u> Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping <b>Smartie the Penguin (Version 2 Yr 2)</b> 	<u>My family and me</u> My family What makes a family? Respecting differences Feeling safe inside and out Being safe with friends and family <b>Jessie and Friends videos (Episode 3)</b> 
Concrete knowledge	Know how to treat others  Know what bullying is  Know the behaviours of a good friend	Know how to treat others equally	Know my own strengths  Know how I can keep clean & what my body needs to be healthy	Know that medicine can be unsafe  Know what appropriate touch means  <b>Know what to do if I feel unsafe online</b> 	Know how to deal with conflict Know how to recognise anger & how I can calm down Know why we need to look after the environment Know that money can be spent on essential-non-essential items <b>Know what to do if I feel unsafe online</b> 	Know how and why families are special Know that there are different types of families Know and recognise safe and unsafe situations <b>Know to only speak to people I know in real life</b> 







Skill progression	<p><b>Understand how their behaviour affects others</b></p> <p><b>Understand the term 'bully'</b></p>	<p><b>I can treat everybody equally</b></p>	<p><b>I can describe my strengths &amp; things I find difficult</b></p> <p><b>Begin to take responsibility for self-care &amp; hygiene</b></p>	<p><b>I can identify who I can talk to</b></p> <p><b>I can describe touch that I do not like</b></p>	<p><b>I can identify what harms the environment &amp; how I can help</b></p> <p><b>Develop simple strategies to calm down</b></p> <p><b>I can identify what is essential in spending</b></p>	<p><b>I can identify different family types</b></p> <p><b>I can recognise safe and unsafe situations</b></p>
Vocabulary	<p><b>equality, similarities, differences, exploration of feelings - happiness, sadness, anger, fear, surprise, nervousness, bullying, medicine, safe/unsafe, appropriate, touch, trust, privacy, growth, development, responsibility, hygiene, environment, essential, family types</b></p> <p><i>healthy lifestyle, exercise, unsafe, feelings, medicine, private, good/ bad touch, hygiene, environment, emergency, money, bullying, disease, respect, conflict, rumours, healthy, happy, sad, same, different, safe, body, animal, human, private, body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</i></p>					







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	Autumn	Autumn	Spring	Spring	Summer	Summer
<b>Y3</b>	<b>How do I use a map?</b>	<b>Stone Age to Iron Age: How did Britain change?</b>	<b>What did the Ancient Greeks do for us?</b>	<b>Why is Greece popular?</b>	<b>How do natural disasters affect the world?</b>	<b>Who has helped change our world?</b>
SCARF lesson overviews	<p><b><u>Me and my relationships</u></b></p> <p>As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thanks Friends are special</p> 	<p><b><u>Rights and responsibilities</u></b></p> <p>Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money</p>	<p><b><u>Valuing difference</u></b></p> <p>Family and friends Respect and challenge Our friends and neighbours Let's celebrate our differences Zeb</p>	<p><b><u>Being my best</u></b></p> <p>Derek cooks dinner! (healthy eating) Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents</p>	<p><b><u>Keeping myself safe</u></b></p> <p>Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super Searcher None of your business! Raisin challenge (1) Help or harm?</p>  	<p><b><u>Being part of the wider world</u></b></p> <p>My community How does a community support one another? Diversity in the UK The online community Managing your feelings</p> 
Concrete knowledge	<p>Know that friends get on and fall out</p> <p>Know that everyone has different points of view and understand to respect them</p>	<p>Know what a volunteer is and reasons why people chose to volunteer</p> <p>Understand the terms income, savings and spending</p> <p>Know things around the home that need to be paid for</p> <p>Know that people earn their income through jobs</p>	<p>Understand what is meant by adoption, fostering and same sex relationships</p> <p>Know the reasons why some people might get bullied</p>	<p>Know how each food group benefits the body</p> <p>Know how food, water and air get into the body and blood</p>	<p>Know the difference between danger and a risk</p> <p>Know and identify the risks from alcohol, drugs and cigarettes</p> <p>Know the potential risks of browsing online</p> 	<p>Know who can help within my community</p> <p>Know there are a range of nationalities, religions and ethnicities within the UK</p> <p>Know how to stay safe online</p> 

<p>Skill progression</p>	<p>I can resolve a conflict with a friend</p> <p>I can listen and respect other people's opinion</p>	<p>I can name some volunteers and explain their role</p> <p>I can explain the terms income, savings and spending</p> <p>I can explain the factors which affect how much money people get paid</p>	<p>I can explain reasons why people might get bullied</p>	<p>I can suggest examples of food which make up a healthy balanced diet</p> <p>I can explain that roles that vital internal organs play in the body</p>	<p>I can explain the difference between danger and a risk</p> <p>I can explain the risks involved with alcohol, drugs and cigarettes</p> <p>I can explain safe strategies for online browsing</p> 	<p>I can identify values and customs of a range of ethnic groups within the UK</p> <p>I can stay safe online</p> 
<p>Vocabulary</p>	<p><b>opinion, point of view, conflict, adoption, fostering, same sex relationships, risk, danger, browsing, volunteer, income, savings, spending, community, food groups, diversity, ethnicity, mental wellbeing,</b></p> <p>equality, similarities, differences, exploration of feelings - happiness, sadness, anger, fear, surprise, nervousness, bullying, medicine, safe/unsafe, appropriate, touch, trust, privacy, growth, development, responsibility, hygiene, environment, essential, family types, healthy lifestyle, exercise, unsafe, feelings, medicine, private, good/ bad touch, hygiene, environment, emergency, money, bullying, disease, respect, conflict, rumours, healthy, happy, sad, same, different, safe, body, animal, human, private, body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</p>					



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<b>Y4</b>	<b>Home or abroad?</b>	<b>What did the Romans do for us?</b>	<b>Why was Britain invaded by the Saxons and Vikings?</b>		<b>What is a biome? Why are rainforests important to our lives?</b>	<b>Why should we protect our oceans?</b>
SCARF lesson overviews	<p><b><u>Me and my relationships</u></b> An email from Harold! Human machines Different feelings When feelings change Under pressure</p>	<p><b><u>Valuing difference</u></b> Can you sort it? Friend or acquaintance? What would I do? The people we share our world with</p>	<p><b><u>Rights and responsibilities</u></b> Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Logo quiz Harold's expenses Why pay taxes?</p>	<p><b><u>Keeping myself safe</u></b> Danger, risk or hazard? Picture Wise  How dare you! Medicines: check the label Know the norms Keeping ourselves safe Raisin challenge (2)</p>	<p><b><u>Being my best</u></b> What makes me ME! Making choices SCARF Hotel Harold's Seven Rs My school community (1) Basic first aid</p>	<p><b><u>Understanding and appreciating positive relationships</u></b> Positive relationships Understanding the different types of bullying  Challenging stereotypes and misconceptions Mental wellbeing and my family Secrets and surprises</p>
Concrete knowledge	<p>Know that feelings can change Know how to respond if I or someone Know is being bullied</p>	<p>Understand the terms negotiation and compromise Know how to respect others that are different through race, gender, ethnicity etc.</p>	<p>Know the rights that you are entitled to as a human Know that a bystander can influence bullying Understand the terms income and expenditure Know why we pay taxes</p>	<p>Know when situations are dangerous, risky or hazardous Know when images are safe/unsafe to share online  Know strategies to limit the spread of virus</p>	<p>Understand where the body gets its energy from Know how to deal with basic, common injuries</p>	<p>Know what constitutes a healthy, positive relationship Know what bullying is and how it occurs  Recognise and challenge stereotypes</p>



						<p><b>Understand the affects of ill mental health</b></p> <p><b>Know that there different types of touch</b></p>
Skill progression	<p><b>I can explain when a person's feelings may change and why</b></p> <p><b>I can suggest ways to respond to bullying</b></p>	<p><b>I can explain what it means to negotiate and compromise</b></p> <p><b>I can respect others who are different to me</b></p>	<p><b>I can name some of my rights</b></p> <p><b>I can list household expenditures and prioritise them</b></p> <p><b>I can explain what is meant by National Insurance, VAT and income tax</b></p>	<p><b>I can identify when a situation is dangerous, risky or hazardous</b></p> <p><b>I can explain safe online picture sharing</b></p> <p><b>I can suggest ways to limit the spread of a virus</b></p>	<p><b>I can explain what is important to my health</b></p> <p><b>I can administer basic first aid</b></p>	<p><b>I can explain what a positive relationship</b></p> <p><b>I can recognise signs of bullying</b></p> <p><b>I can recognise stereotypes</b></p> <p><b>I can identify good and bad touch</b></p>
Vocabulary	<p><b>healthy positive relationship, negotiation, compromise, personal space, respect, rights, bystander, income, expenditure, taxes, hazardous, virus, marriage, stereotypes, misconception, stress, anxiety, depression, consent</b></p> <p><i>opinion, point of view, conflict, adoption, fostering, same sex relationships, risk, danger, browsing, volunteer, income, savings, spending, community, food groups, diversity, ethnicity, mental wellbeing, equality, similarities, differences, exploration of feelings - happiness, sadness, anger, fear, surprise, nervousness, bullying, medicine, safe/unsafe, appropriate, touch, trust, privacy, growth, development, responsibility, hygiene, environment, essential, family types, healthy lifestyle, exercise, unsafe, feelings, medicine, private, good/ bad touch, hygiene, environment, emergency, money, bullying, disease, respect, conflict, rumours, healthy, happy, sad, same, different, safe, body, animal, human, private, body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</i></p>					



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	Autumn	Autumn	Spring	Spring	Summer	Summer
<b>Y5</b>	<b>What is a river's journey?</b>		<b>What were the achievements of the Ancient Egyptians?</b>	<b>What did Henry VIII's reign mean for Britain?</b>	<b>Why does the USA have different climate zones?</b>	<b>What's beyond the sky?</b>
SCARF lesson overviews	<p><u><b>Rights and responsibilities</b></u>            What's the story?            Fact or opinion?            Rights, responsibilities and duties            Mo makes a difference            Spending wisely            Lend us a fiver!            Local councils</p>	<p><u><b>Keeping myself safe</b></u>            'Thinking" about habits            Jay's dilemma            Ella's diary dilemma            Decision dilemmas            Drugs: true or false?            Smoking: what is normal?            Would you risk it?</p>	<p><u><b>Valuing difference</b></u>            Qualities of friendship            Kind conversations            Happy being me            The land of the Red People            Is it true?            It could happen to anyone</p> 	<p><u><b>Me and my relationships</b></u>            Collaboration            Challenge!            Give and take            How good a friend are you?            Being assertive            Our emotional needs            Communication</p> 	<p><u><b>Being my best</b></u>            Getting fit            It all adds up!            Different skills            My school community (2)            Independence and responsibility            Star qualities?            Basic first aid</p>	<p><u><b>Keeping relationships healthy and safe</b></u>            The value of friendships            Conflict resolution            Unhealthy relationships            Online safety in the wider world            Building resilience in relationships            Growing up and puberty</p> 
Concrete knowledge	<p>Know the difference between responsibilities, rights and duties            Understand the terms loan, credit, debit and interest            Know and understand the roles of local councils</p>	<p>Know what a habit is and why it can be hard change            Know that all medicines are drugs but not all drugs are medicine</p>	<p>Understand discrimination and its injustice            Know that the information we see online is not always true            Understand the difference between sex, gender identity, gender expression and sexual orientation.</p> 	<p>Understand the characteristic of passive, aggressive and assertive behaviours            Understand that online communication can be misinterpreted</p> 	<p>Know some of the harmful effects of smoking and drinking alcohol            Know the basic functions of the four body systems            Know that the media does not always portray people as they are in real life</p>	<p>Understand the value of friendships            Understand how relationships can be unhealthy            Recognise online relationships can be positive and negative            Understand how to build resilience</p> 

						<b>Know the physical and emotional changes during puberty</b>
Skill progression	<p><b>I can explain and give examples of responsibilities, rights and duties</b></p> <p><b>I can suggest advice for financial problems</b></p>	<p><b>I can identify habits</b></p> <p><b>I can identify which drugs are medicines</b></p>	<p><b>I can give examples of discrimination and its injustice</b></p> <p><b>I can explain the difference between sex, gender identity, gender expression and sexual orientations</b></p>	<p><b>I can explain the characteristics of passive, aggressive and assertive behaviours</b></p> <p><b>I can behave responsibly and respectfully online and face to face</b></p> 	<p><b>I can explain the effects that smoking and drinking alcohol has on the body</b></p> <p><b>I can identify the four systems and what they do</b></p>	<p><b>I can recognise an unhealthy relationship and know how to seek help</b></p> <p><b>I can stay safe online and know how to report concerns</b></p>  <p><b>I can identify physical and emotional changes of boys and girls during puberty</b></p>
Vocabulary	<p><b>responsibilities, rights, duties, loan, credit, debit, interest, council. habit, discrimination, injustice, sex, gender identity, gender expression, sexual orientation, unhealthy relationship, passive, aggressive, assertive, domestic abuse, trolling, harassment, puberty</b></p> <p><i>healthy positive relationship, negotiation, compromise, personal space, respect, rights, bystander, income, expenditure, taxes, hazardous, virus, marriage, stereotypes, misconception, stress, anxiety, depression, consent, opinion, point of view, conflict, adoption, fostering, same sex relationships, risk, danger, browsing, volunteer, income, savings, spending, community, food groups, diversity, ethnicity, mental wellbeing, equality, similarities, differences, exploration of feelings - happiness, sadness, anger, fear, surprise, nervousness, bullying, medicine, safe/unsafe, appropriate, touch, trust, privacy, growth, development, responsibility, hygiene, environment, essential, family types, healthy lifestyle, exercise, unsafe, feelings, medicine, private, good/ bad touch, hygiene, environment, emergency, money, bullying, disease, respect, conflict, rumours, healthy, happy, sad, same, different, safe, body, animal, human, private, body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</i></p>					




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<b>Y6</b>	<b>Mexico and the Maya: what has been their impact on Birmingham?</b>	<b>What survives in polar regions?</b>	<b>What was the impact of WW2 on Birmingham?</b>		<b>Why was the Industrial Revolution important to the Midlands?</b>	
SCARF lesson overviews	<u>Keeping myself safe</u> Think before you click!  Traffic lights To share or not to share?  Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) Joe's story (part 2)	<u>Me and my relationships</u> Working together Let's negotiate Solve the friendship problem Assertiveness skills (formerly Behave yourself - 2) Behave yourself Dan's day Don't force me Acting appropriately  It's a puzzle	<u>Valuing difference</u> OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes	<u>Being my best</u> Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	<u>Rights and responsibilities</u> Two sides to every story Fakebook friends  What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 & 2) Happy shoppers Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made	<u>Being a respectful and responsible individual</u> Changing family relationships Respecting differences Challenging prejudice and discrimination Healthy and unhealthy relationships Building resilience Growing up and puberty How babies are made
Concrete knowledge	Know that it is illegal to create and share sexual images of children under 18 years old  Know what is meant by addiction Understand basic laws in relation to drugs	Recognise some of the challenges that arise from friendships Understand and recognise peer influence and pressure Know that some inappropriate touch is illegal	Know how to offer support to someone who has been bullied Understand and explain the word prejudice Understand how the media can reinforce gender stereotypes	Know what the five ways to wellbeing are Know and understand the risks of growing up and the need to be aware of these	Understand the terms 'fact', 'opinion', 'biased' and 'unbiased',  Know the legal ages of social media accounts Understand what is meant by the term 'interest'	Recognise how families can change Know that actions have consequences for themselves Know how to ask for help in difficult situations Know that body changes can occur



	Understand some of the effects and risks of drinking alcohol				Understand the different types of tax Know what is meant by living in an 'environmentally stable way' Know that we live in a democracy	internally as well as externally Know how a baby is made
Skill progression	<p>I can explain what an addiction is and how a person with an addiction may behave</p> <p>I can explain basic laws in relation to drugs</p> <p>I can identify the effects of alcohol on a person</p>	<p>I can solve issues that arise from friendships</p> <p>I can identify the difference between peer influence and pressure</p> <p>I can recognise that some types of touch are inappropriate and illegal</p>	<p>I can support somebody who has been bullied</p> <p>I can explain the word prejudice</p> <p>I can challenge stereotypical gender portrayals of people</p>	<p>I can describe how the five ways to wellbeing contribute to a healthy lifestyle</p> <p>I can identify risks of growing up</p>	<p>I can explain the differences between fact, opinion, biased and unbiased</p> <p>I can explain the reasons for legal ages on social media </p> <p>I can describe what it is like to live in an 'environmentally stable way'</p>	<p>I can explain ways that families can change</p> <p>I can ask for help in difficult situations</p> <p>I can explain physical and emotional changes during puberty</p> <p>I can explain how a baby is made</p>
Vocabulary	<p><b>Illegal, sexual images, addiction, legal age of consent, fertilise, HIV, sexual intercourse, sperm, egg, cell, conception, adoption, IVF, surrogacy, prejudice, stereotypes, wellbeing, peer influence, peer pressure, biased, unbiased, democracy. Interest, grooming, child criminal exploitation, child sexual exploitation, gang culture, grooming,</b></p> <p><i>responsibilities, rights, duties, loan, credit, debit, interest, council. habit, discrimination, injustice, sex, gender identity, gender expression, sexual orientation, unhealthy relationship, passive, aggressive, assertive, domestic abuse, trolling, harassment, puberty, healthy positive relationship, negotiation, compromise, personal space, respect, rights, bystander, income, expenditure, taxes, hazardous, virus, marriage, stereotypes, misconception, stress, anxiety, depression, consent, opinion, point of view, conflict, adoption, fostering, same sex relationships, risk, danger, browsing, volunteer, income, savings, spending, community, food groups, diversity, ethnicity, mental wellbeing, equality, similarities, differences, exploration of feelings - happiness, sadness, anger, fear, surprise, nervousness, bullying, medicine, safe/unsafe, appropriate, touch, trust, privacy, growth, development, responsibility, hygiene, environment, essential, family types, healthy lifestyle, exercise, unsafe, feelings, medicine, private, good/ bad touch, hygiene, environment, emergency, money, bullying, disease, respect, conflict, rumours, healthy, happy, sad, same, different, safe, body, animal, human, private, body, safe, family, friends, clean, tidy, world, food, drink, exercise, sleep</i></p>					