



Dance

<p>R</p>	<p>I can perform a star shape and marches. I can begin to copy some dance moves (small/tall, narrow/wide) I can move from one movement to another with some smoothness. I can step and move with a simple beat. Know how to take off and land safely when jumping with control and balance. I can begin to hold positions with some control and stillness. I can begin to show softness and gentleness in movements when required. I can control the speed of my movements (fast/slow) I can copy emotions/ expressions when doing movements (happy/angry)</p>	
<p>Y1</p>	<p>I can copy dance moves without support (small/tall, narrow/wide) I can copy a simple dance sequence I can add one movement of my own to a copied dance sequence I can use different levels I can change direction in movement I can use my body to replicate different animal movements I can travel in different ways I can perform simple movements to the beat I can copy and begin to innovate a dance sequence based on a class story</p>	<p><u>Travel and stillness</u> (skip, jump, hop, bounce, turn, spin, freeze) <u>Direction</u> (forwards, backwards, sideways), <u>Levels</u>- high, middle, low <u>Space</u> (near, far, in and out), fast /slow</p>
<p>Y2</p>	<p>I can change rhythm, speed, level and direction with consistency I can travel in different ways with more confidence I can dance with control and co-ordination I can make a sequence by linking sections together I can link some movement to show a mood or feeling I can begin to give feedback to a pair/ group I can innovate and/or create a dance sequence with a pair</p>	<p><u>Travel and Stillness</u>-spring, gallop, statue <u>Space</u> on the spot, own <u>Sequence</u> (beginning, middle, end) <u>Moods and feelings</u> (jolly, stormy) <u>Nature of movement</u> strong, gentle, duet</p>
<p>Y3</p>	<p>I can begin to perform simple moves using canon I can show expression in different movements, reflecting the mood of the movement I can perform with increasing control of rhythm and confidence I can begin to perform pair/group dance involving canon & unison, meet & part Create motifs from different stimuli I can respond to music in time & rhythm to show like/unlike actions</p>	<p>Expression <u>Relationships: Canon/ unison</u> Meet/part motifs choreograph trio rhythm</p>



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	I can work with a partner/ group to create a story using dance	
Y4	<p>I can perform a wider range of moves using canon and unison</p> <p>I can improvise to stimuli related to character/music/ story</p> <p>I can perform clear & fluent dances to a chosen dance style</p> <p>I can compose a dance motif to reflect a chosen style</p> <p>I can perform pair/group dance involving canon & unison, meet & part</p> <p>I can compose dance sequences within a small group.</p> <p>I can begin to vary dynamics in response to stimuli</p> <p>I can change parts of dance due to self-evaluation</p>	<p>Motifs</p> <p>Improvise</p> <p>Repetition</p> <p>Pattern</p> <p>Action and reaction</p> <p>Compose</p> <p>Self-evaluation</p>
Y5	<p>I can show/fluency/ control in chosen dances in response to stimuli</p> <p>I can perform fluent dances solo and with a group with characteristics of different styles/eras</p> <p>I can adapt & refine(in pair/group), dances that vary direction, space & rhythm</p> <p>I can show a change of pace and timing in my movements</p> <p>I can use space more effectively when dancing</p> <p>I can perform a dance pattern and actions of the chosen style (Bhangra, street)</p>	<p>Variation</p> <p>Dynamics</p> <p>Era</p>
Y6	<p>I can be aware of & use musical structure, rhythm & mood & dance with confidence</p> <p>I can perform dances from different eras/ cultures with more confidence</p> <p>I can use dramatic expression in dance movements and motifs</p> <p>I can use various levels and ways of travelling when dancing</p> <p>I can improvise with confidence</p> <p>I can explore space- directions and formations</p> <p>I can create & perform dances in a variety of styles more consistently</p> <p>I can perform showing imagination and expression</p> <p>I can use complex dance vocabulary through self and peer evaluation to compare and improve work, modifying my routine</p>	<p>direction, formation</p> <p>interpret</p>



Ambition – Community – Equality

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